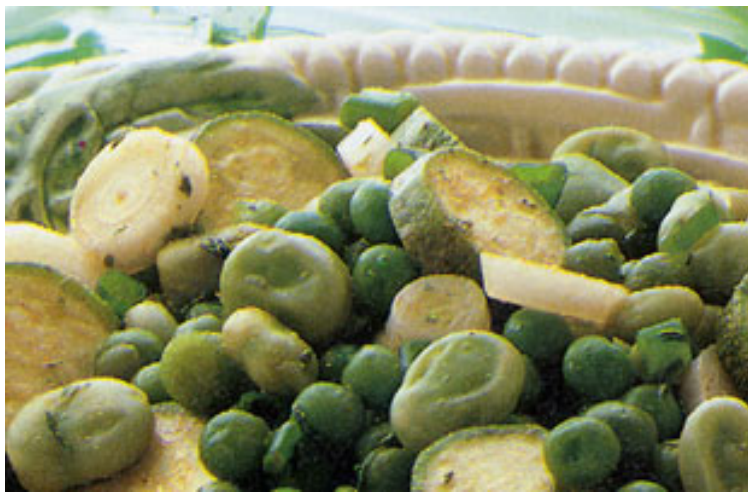




## Garden Salad

 Serves 4  EASY



### Ingredients

100 g (4 oz) shelled broad beans  
100 g (4 oz) shelled peas  
225 g (8 oz) courgettes, sliced  
Bunch spring onions, sliced

For the Dressing:

2 tsp Simply Shake Special Blend Season-All  
1 tbs Parsley Flat Leaf  
1/2 tsp Paprika  
1 tbs water  
1 tbs vinegar  
2 tbs olive oil

### Method

#### STEP 1

Cook the beans and peas in boiling, salted water for 5 minutes. Add the courgettes to the cooking water for the last 2 minutes. Drain the vegetables and leave until completely cold. Stir the spring onions into the vegetables. Place in a serving dish.

#### STEP 2

Mix Season-All Seasoning, Parsley and Paprika with the water and vinegar. Blend thoroughly with the oil. Pour the dressing over the salad

and stir gently until all the vegetables are well coated