



# Spicy Steak Marinade

Serves 4 EASY



## Ingredients

- 3 tbs orange juice
- 2 tbs honey
- 1 tsp English mustard
- 4 tsp Simply Shake Special Blend for Steak
- 675 g (1½ lb) rump or sirloin steak

## Method

### STEP 1

Blend all the marinade ingredients together in a large flat dish. Add the steak and leave to marinate for at least an hour or overnight in a refrigerator.

### STEP 2

Place on a barbecue or under a pre-heated grill and cook, turning occasionally, basting with any remaining marinade.