



Classic Barbecue Chicken Kebabs

Serves 4 EASY Prep 10 mins Cook 15 mins



Ingredients

- 450 g (1 lb) boneless, skinless chicken breast, cubed
- 1 courgette, cut into chunks
- 1 red pepper, cut into chunks
- 1 tbs olive oil
- 4 tsp Grill & Sizzle Special Blend Classic Barbecue

Method

STEP 1

Place the chicken and vegetables in a bowl and coat evenly with the oil and Classic Barbecue Special Blend. Thread onto 4 skewers or kebab sticks, alternating the chicken and vegetables.

STEP 2

Place under a pre-heated grill or on the barbecue for 10-15 minutes, turning occasionally until cooked throughout.

STEP 3

Serve the kebabs on a bed of mixed leaf salad.